



La Vergne Senior Center January 2018



Hello Seniors—Welcome to 2018!

We are looking forward to an exciting and fun new year as we renew old friendships and welcome new faces to our center!

Remember! The best place to warm up on a cold winter day...
The La Vergne Senior Center!



Winter Social

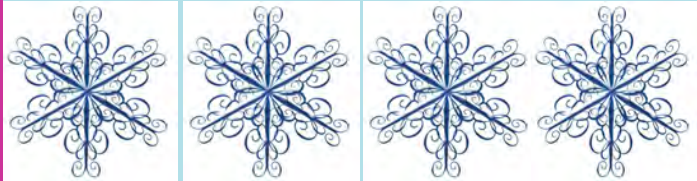
Where: Senior Center

When: Friday, January 19th

Time: 5:00-7:30

Come enjoy an evening of COOL dance moves & WARM Desserts!

\$5



Martin Luther King Ceremony

HOSTED BY

Lavergne Senior Center & Parks and Recreation

Monday, January 15th

La Vergne City Hall

11am

We will have Guest Speakers & Refreshments

Weather Reminder!



In case of inclement weather, please watch your local news channel.

The La Vergne Senior Center will be closed when Rutherford County Schools are closed.





HAPPY BIRTHDAY TO YOU!












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sadia Oderi Harold Wlsh	2 	3 Diane Haynes	4	5 Patricia King	6 
7 	8 Essie Smith	9	10 Eunice Stevenson <i>Happy Birthday</i> 	11 Judy Maddox Carol Smith	12 Janet Howze Barbara Nelson	13 Domenick TenaLio
14 Gregory Manaugh 	15 Olivette Bechard George Kimble Ashock Mehrotra	16	17 Sue Junokas Betty Stutts	18 	19 Katie Funkhouser Kevin McGuire	20 Eloise Espey Doris Walker Gayle Gragg Walter Harris Louise Power
21	22 	23	24 Karla Swenson	25 Gwendolyn Anthony	26 	27 Carol Branscome Joyce Cooper Alva Spry
28 	29 Gladys Keller Virginia White	30 Robert Trella	31 			

Cassidy Ramsey— Senior Center Coordinator

Linda Tomlin— Program Assistant

Melissa Cooper—Program Assistant



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
HAPPY NEW YEAR	1 Center Closed for the Holiday	2 9am-3pm: Cards & Games -Take down Christmas decor <u>Blood Pressure Checks</u> 	3 10am- After Holidays Makeup Party by Mary-Kay 11:15am/Lunch/\$3 Ham & Cheese Sliders, Pasta Salad, Dessert	4 10am- Guest Speaker - Captell 12noon-Bingo 	5 <u>Closed</u> 	6
	8 10am- Bible Study 11:15am-Movie & Popcorn- "All Saints" 	9 9:30am-Week 1- Spare Time Wii Bowling <u>Blood Pressure Checks</u>	10 9am-3pm: Cards & Games 10am- Karaoke 11:15am/Lunch/\$3 Baked Potato & Salad Bar, Dessert	11 10am- Guest Speaker - Honey Hill Homecare 11:15am- Donations for Dogs 12noon-Bingo	12 <u>Closed</u> 	13
14	15 <u>Center Closed</u> 11am- MLK Ceremony at CITY HALL 	16 9:30am- Week 2- Spare Time Wii Bowling <u>Blood Pressure Checks</u> 	17 9am-3pm: Cards & Games 10am- Bean Bag Baseball <u>No Lunch Today</u> 	18 Guest Speaker- TBA Chair Massage 12noon- Bingo <u>4:00 Senior Advisory Board</u> 	19 Winter Dance 5pm-7:30pm 	20
	22 10am- Bible Study 11am- Lunch & Bowling at Smyrna Bowling Alley 	23 9:30am- Week 3- Spare Time Wii Bowling <u>Blood Pressure Checks</u>	24 10am- Line Dancing 11:15am/Lunch/\$3 Chicken Noodle Soup, Dessert	25 10am- Lunch & Learn w/ Imagine Health & Wellness 12noon- Bingo	26 <u>Closed</u> 	27
28	29 10am-Bible Study 11am-Potluck 12pm-Scoops	30 9:30am- Week 4- Spare Time Wii Bowling	31 10am- Standing Chair Aerobics 11:15am/Lunch/\$3 Hamburgers, Potato Salad, Baked Beans, Dessert			

La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048



La Vergne Senior Center Advisory Committee

The advisory committee meets at 4 p.m.
the third Thursday of each month
at the La Vergne Senior Center.

All senior members are invited to attend.

Meetings are open to the public.

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Marshall Anthony	(615) 793-4270
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Rachael O'Brien	(615) 618-1365
Doug Shafer	(615) 459-9337

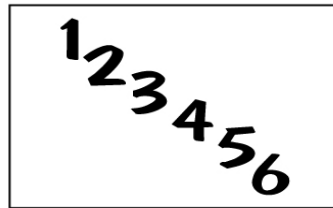
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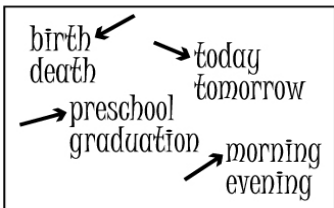
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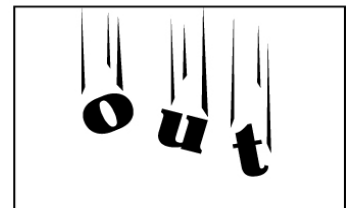
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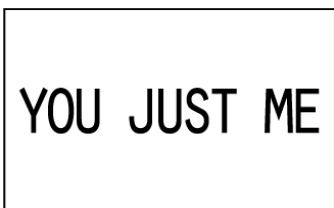
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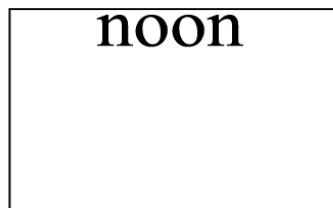
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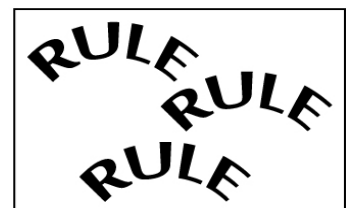
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