



# La Vergne Senior Center

## June 2017

*hey  
june*

### Yard Sale

Saturday, June 24th

7am-1pm

Come Sell your gently used items or  
Shop for new treasures!

Booth Rental \$5-\$10

Call the center to sign up today!



### Fun Friday Dress Up

June 2- Crazy Sock Day- wear your craziest or mismatched socks

June 9- Sports Day- Wear your favorite sports jersey or dress like your favorite athlete

June 16- Work Out Day- get ready to sweat...or just dress like it anyways!

June 24- All One Color Day- Wear the same color from head to toe

June 30- Pj Day- Get comfy and Cozy, actually just come straight from bed today!

“You can tell what was the best year of your father’s life, because they seem to freeze that clothing style and ride it out”

-Jerry Seinfeld

HAPPY FATHERS DAY!!!!

We hope you will come spend your days with us at the La Vergne Senior Center! It's too much fun to pass up! See ya soon!!



# HAPPY BIRTHDAY TO YOU!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>JUNE BIRTHDAYS</b>  				1 Doris Matthews	2 Faye Higginbotham Sherry Roth	3
	4 Emily Edmonds 	5	6	7 Happy Birthday 	8 Marion Cherry	9 Susan Ross 
11 Otis Dozier 	12	13 Jerry Anderson	14 Theresa Ford 	15 Linda Adams Linda Morrin	16 Jo Cook	17 Scott Smith Edward Woods 
18 	19	20	21 Nita Gavin 	22 Lewis Shoemaker	23	24 Marie Shaffer Bianca Shelton 
25	26 William Irby	27	28 Billy Gibson Eugene Walker	29 Benny Layne	30	



Cassidy Ramsey— Senior Center Coordinator

Linda Tomlin— Program Assistant

Melissa Cooper—Program Assistant



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



# hey june



				<p>1 10am- Long Term Care Benefits for Medicaid/ VA 12noon- Bingo</p>	<p>2 9am-3pm: Cards &amp; games Chair Massage 11:15am Lunch \$3 Spaghetti, Cucumber Salad, Garlic Bread, Dessert <u>Blood Pressure Checks</u></p>	<p>3</p>
<p>4</p> 	<p>5 10am- Bible Study 11:30am- Bean Bag Baseball Tourney <u>Blood Pressure Checks</u></p> 	<p>6 10am-Rummi Cube Tourney 1:00pm- Tai Chi Rejuvenation &amp; Self Defense</p>	<p>7 <b>Center Closed</b></p> 	<p>8 10am- Diversicare- Senior Health Tips "Donations for Dogs" 12noon- Bingo</p> 	<p>9 9am-3pm: Cards &amp; games 10am: Line Dancing 11:15am Lunch \$3 Chicken Salad, Chips, Pickle, Dessert <b>Celebrate June Birthdays</b></p>	<p>10</p> 
<p>11</p> 	<p>12 10am- Bible Study Old Timers Day Crafts <u>Blood Pressure Checks</u></p> 	<p>13 <b>Trip Day:</b> 10am- Visit Canonsburg &amp; Lunch at Genghis Grill</p>	<p>14 <b>Center Closed</b></p> 	<p>15 10am- Tai Chi Rejuvenation &amp; Self Defense 12noon- Bingo <b>4:00 Senior Advisory Board</b></p> 	<p>16 9am-3pm: Cards &amp; games 10am- Karaoke 11:15am Lunch \$3 Baked BBQ Chicken, Lima Beans, Mashed Potatoes, Dessert</p>	<p>17</p> 
<p>18 <b>Happy Fathers Day</b></p>	<p>19 10am- Bible Study <u>Blood Pressure Check</u> 11:30am- Popcorn &amp; Movie: The Shack</p>	<p>20 <b>Trip Day:</b> 10am- Lunch at Chocolate Covered Strawberry in Hendersonville</p>	<p>21 <b>Center Closed</b></p> 	<p>22 10am- Clinical Research Health Education 12noon- Bingo</p> 	<p>23 9am-3pm: Cards &amp; games Yard Sale Prep 11:15am Lunch \$3 Baked Potato Bar &amp; Salad Bar, Dessert</p>	<p>24 <b>Yard Sale 7am-1pm</b></p>
<p>25</p> 	<p>26 10am-Bible Study 11:30am-Potluck 12am-Scoops</p>	<p>27 <b>Trip Day:</b> 10am- Lunch at Hwy 55 &amp; Down Town Nolensville Shopping</p>	<p>28 <b>Center Closed</b></p> 	<p>29 10am-Sing-a-long 12noon- Bingo <u>Blood Pressure Checks</u></p> 	<p>30 9am-3pm: Cards &amp; Games 10am- Line Dancing 11:15am Lunch \$3 Hamburgers, Hot-dogs, Baked Beans, Potato Salad</p>	

# La Vergne Senior Center

Physical Address:

**337 Stones River Road  
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road  
La Vergne, TN 37086**

**Phone: (615) 793-3048**



## La Vergne Senior Center Advisory Committee

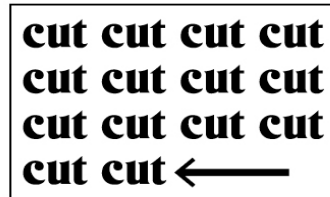
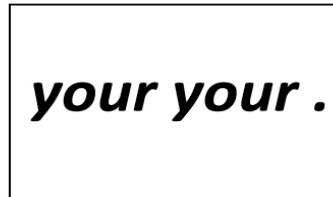
The advisory committee meets at 4 p.m.  
the third Thursday of each month  
at the La Vergne Senior Center.

*All senior members are invited to attend.*

*Meetings are open to the public.*

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Marshall Anthony	(615) 793-4270
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Syble Pedigo	(615) 793-7891
Doug Shafer	(615) 459-9337
Rachael O'Brien	(615) 618-1365
Debra Clark	(615) 801-1579
Janice Brown-Adams	(615) 280-2080

## Wacky Wordies

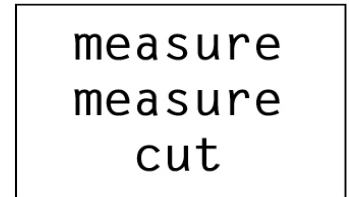


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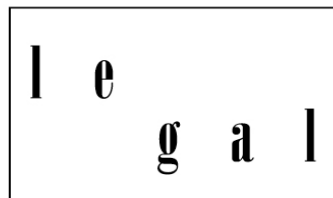


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