



La Vergne Senior Center February 2017



Sending lots of LOVE to all our SENIORS this month!!
Remember...the best place to warm up on a cold winters day & always warm up your heart...
Is at the La Vergne Senior Center with you friends!!

Dates to Remember:

- Ground Hog Day- Feb 2
- Super bowl Sunday- Feb 5
- Valentines Day- Feb 14
- Presidents Day- Feb 20
- Mardi Gras- Feb 28
- American Heart month
- Black History Month

La Vergne Senior Center

Valentine's Dance

Friday, February 10th
5pm until 7:30pm

Come join us for a ROMANTIC Italian Dinner & then dance the night away with all of our senior SWEETHEARTS

Sign up now at the center

\$5

(Last day to sign up is February 7th)



Weather Reminder!



In case of inclement weather, please watch your local news channel.


The La Vergne Senior Center will be closed when Rutherford County Schools are closed.





HAPPY BIRTHDAY TO YOU!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
FEBRUARY BIRTHDAYS			1 William Martin Jerry Butler	2	3 Carol Manaugh	4 Cindy Mears	
	5 JoAnn Johnson 	6 Janie Maggart	7 Emma Neal-Shoulder	8 <i>Happy Birthday</i> 	9	10 	11 Joan Ennis
12 Bruce Roth 	13	14 Sarah Durham Spencer Norris	15 James Hitch 	16 Sandra Boaz	17	18 	
19 Patricia Heinz	20 	21 Kathy Green	22 Homer Allen Betty Cooper	23 Merlin Henderson	24	25 Robert Hall Laverne Rolland Betty Smith	
26	27 Barbara Foster Ameesah Sululu	28 					




Cassidy Ramsey— Senior Center Coordinator

Linda Tomlin— Program Assistant


Melissa Cooper—Program Assistant

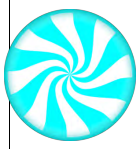


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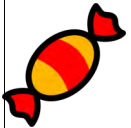





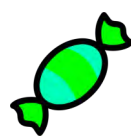

FEBRUARY



			1 <u>Center closed for regular activities</u>	2 10am-GNRC: Identity Theft & Scams 12noon- Senior Bingo 1pm- Color Hearts to post around Center	3 9am-3pm- Cards & Games Chair Massage 11:30am Lunch \$3 Chicken Salad Croissants, Chips, Pickle, Dessert <u>Celebrate February Birthday's</u>	4 
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5 	6 9:30am- Week 6 Spare Time Wii Bowling <u>Blood Pressure Checks</u> 	7 10am- Bible Study 11am- Lunch & Movies at Malco Roxy in Smyrna	8 <u>Center closed for regular activities</u> 	9 10am- Guest Speaker TBA 11AM- Donations for Dogs 12noon- Senior Bingo 	10 <u>Center Closed</u> 5:00pm-7:30pm Valentines Dinner & Dance 	11 
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12	13 9am- Bible Study 10am- Week 7 Spare Time Wii Bowling 	14 Happy Valentines Day 10am- Cow Boy Dan Entertainment 11am- Valentines Snacks & Conversation Hearts activity	15 <u>Center closed for regular activities</u> 	16 9:15am- Breakfast at Shoney's 12noon- Senior Bingo 4:00- <u>Senior Board Meeting</u>	17 9am-3pm- Cards & Games 10am Line Dancing 11:30am Lunch \$3 Meatloaf, mashed potatoes, green beans, dessert	18 
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19	20 <u>Presidents Day</u> 10am- Mrs. Judy's Piano Show featuring Cherie Humphrey & Caitlin Dill 11:30am- Presidential Trivia Game & Cherry Pie 	21 9:30am- Week 8 Spare Time Wii Bowling 12noon- Chair Chi 	22 <u>Center closed for regular activities</u> 	23 10am- Sing-a-Long <u>Blood Pressure Checks</u> 12noon- Senior Bingo 	24 9am-3pm- Cards & Games 10am Bean Bag Baseball 11:30am Lunch \$3 Hamburgers, Baked Beans, Potato Salad, Dessert	25 
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26	27 10am-Bible Study 11:30am-Potluck 12noon-Scoops	28 10am- Awards Day 12noon- Standing Chair Aerobics 				
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La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048

Find us on the Web & Facebook!!

www.lavergnetn.gov

facebook.com/lavergneseniorcenter

La Vergne Senior Center Advisory Committee

The advisory committee meets at 4 p.m.
the third Thursday of each month
at the La Vergne Senior Center.

All senior members are invited to attend.

Meetings are open to the public.

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Marshall Anthony	(615) 793-4270
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Paula Donahue	(615) 793-7303
Doug Shafer	(615) 459-9337



TAX Prep Time is here!

AARP will provide certified tax preparers to help SENIOR CITIZENS
file your income tax forms at the La Vergne Senior Center at no cost!

Tax Prep will be available each Wednesday beginning February 1st—April 19th.

Appointments are required!

Please set an appointment with a staff member
or call the center at (615) 793-3048