

La Vergne Senior Center
 337 Stones River Rd
 La Vergne TN, 37086

Mailing Address
 294 Sand Hill Road
 La Vergne TN, 37086
 Phone: (615) 793-3048

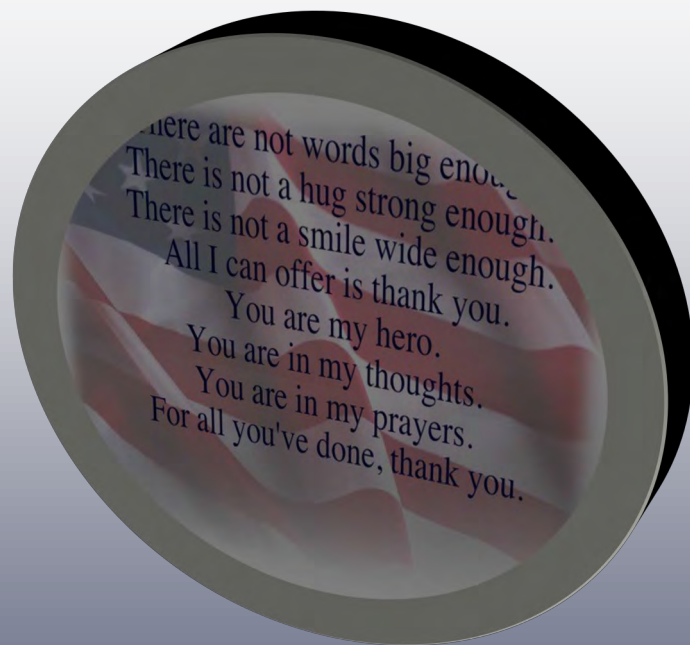
Find us on the web & Facebook
 Www.lavergnetn.gov
 Facebook.com/lavergneseniorcenter

We would like to honor all those who have served in any of the branches of our Military past and present for their services and to give our thanks. We also would like to thank the many Seniors who served or had a spouse who served, along with the families who gave up so much for their loved ones to go to serve this Country for all us.

LA VERGNE SENIOR CENTER ADVISORY COMMITTEE

Advisory Committee

- | | |
|---------------------|----------------|
| Steve Noe, Chairman | (615) 490-4602 |
| Rick Autery | (615) 545-9925 |
| Roger French | (615) 785-9903 |
| Carol Haas | (615) 308-1773 |
| Mary Jane Skinner | (615) 793-6635 |
| Ivy Brown | (615) 351-4671 |
| Michael Gowing | (615) 828-3868 |
| Melissa Joyner | (615) 290-0082 |
| Tanisha Simmons | (615) 602-6550 |
| Wayne Blair | (615) 390-8476 |



November 2019

Volume 4 Issue
 SENIOR EDITION

LA VERGNE SENIOR CENTER

INSIDE THIS ISSUE:

OTF	1
Meet Don	2
Birthdays	2
Meeting your neighbors	2
Lunches and Schedule	3
Advisory & Committee	4
VETERANS	4

• Special Dates

November
 4th, 5th, 11th, 12th,
 19th, 21st

• So check your calendar

OLD TIMERS FESTIVAL (2019)

What a great time we had preparing for Old Timers Festival. For months Carol, Diane and Kathy worked very hard on getting all those ceramics done and then Carol Smith, Damah Gilbert made those delicious Cherry pies along with so many others who made different goodies to be sold. We even got Linda in there to help do some stirring. We want to thank all the Seniors who gave up their Saturday to come out and help us sell all the things that we had that were made by our Seniors. We also are always glad to get that Banana Pudding which is a great seller. This was the best Old Timers Fundraiser we have had yet, the beautiful weather was a great help. Thanks to all who made purchases at our station.



INSIDE STORY HEADLINE



November Birthdays

- 4th— Margrett Malone
- 7th—Jan Frazier
- 11h—Rosemary Needler
- 14th—Mattie Roberts
- 27th—Leona Fletcher
- 29th—Edna Hudson



What a pleasure it has been to have Monica Anami from Nairobi Kenya visit us while she has been staying with Leah Gissendanner for the past couple of months. While here she has done a presentation for us about her country. We learned a great deal about her country and their customs. She brought along her flag and explained all the different colors and the emblem on her flag. She has joined us on the events that have taken place while she was here and yes she finally jumped in and took the plunge and has now gotten hooked on the famous Rummikub game and will be purchasing one to take back with her so she can teach her friends and family how to play. We will truly miss Monica when she leaves to go back home. When her time comes for her to leave us, we will wish her peace and safe travels back home.



We are so pleased to announce Donald Bebout as our new part time program assistant. Don served as an Electronic Technician in the United States Navy for 20 years and has been married to Ms. Donna of the La Vergne Library for 10 years and counting. Not only do we now have Don as part of our team we also have our very own Santa (well Santa's helper) He loves doing that each year for not only the center but for many other groups, always such fun when Christmas rolls around. In what little spare time he has he loves to spend it with his 4 grandchildren. Again we are so happy to have him join the team and become a part of all the fun we have here at the center.



MELISSA COOPER SENIOR CENTER COORDINATOR
 LINDA TOMLIN PROGRAM ASSISTANT
 DONALD BEBOUT PROGRAM ASSISTANT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 10am Bible Study Jo Beth Ameri-group Presentation	5 Bickley Makenzie Women's Health Education Event	6 Lunch-11:30 Lasagna, Salad, Bread and Dessert	7 12 noon United Health Care-Bingo 10am-Bean Bag Baseball	8 CLOSED	9
10	11 10:00am Bible Study Trivia-choosing teams Veterans day	12 10:30am Humana Market Point Melanie K Barton	13 Lunch-11:30 Linda's Chili Chair Massage	14 12 noon Bingo Groogan Insurance Donations for Dogs	15 CLOSED	16
17	18 10am Bible Study Big Ball exercise	19 10am-Trivia 1pm-Tina Veith to answer Insurance questions	20 CLOSED to prepare for our Thanksgiving Lunch	21 12noon Thanksgiving Luncheon	22 CLOSED	23
24	25 10am Bible Study 11am-Potluck 12noon-Scoops	26 10am Damian Talley Blood Pressure Checks	27 Lunch 11:30 Chicken Salad Croissants, potato chips, pickle and dessert. 10:30 Rose Boyd Car-Fit	28 CLOSED for Thanksgiving Holiday	29 CLOSED	30