

La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048



**La Vergne Senior Center
Advisory Committee**

**The advisory committee meets at 4:30 p.m.
the third Thursday of each month
at the La Vergne Senior Center.**

All senior members are invited to attend.

Meetings are open to the public.

Steve Noe, Chairman	(615) 490-4602
Rick Autery	(615) 545-9952
Ronnie Mosley	(615) 793-2469
Roger French	(615) 785-9903
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Carol Haas	(615) 308-1773
Isabella Williams	(615) 828-2951
Michael Gowing	(615) 828-3868
Tanisha Simmons	(615) 602-6550
Wayne Blair	(615) 390-8476

La Vergne Senior Center

August 2019

HELLO SENIORS!!

I hope you are all enjoying our last few months of summer!! Come beat the heat & spend your days here at the center enjoying a cold glass of sweet tea, having good conversation, and playing lots of bingo!

**Special Speakers
For the month**

Marchell Gardner will be here on the 14th to speak on the rising number of STD cases in Seniors . This is something very serious and very important, and we need to learn the signs . This portion of the day will be open to the public.

-OLD TIMERS DAY CRAFTS-

PLEASE CHECK THE CALENDAR FOR DAYS TO COME AND HELP MAKE GOODS FOR OUR O.T.D!

IF YOU CAN HELP IN ANY WAY...BE THAT DONATING ITEMS, MAKING CRAFTS FROM HOME, OR WORKING THE BOOTH, WE WOULD GREATLY APPRECIATE YOUR HELP!



What's Going on??

Every Tuesday through September from 3-7, enjoy fresh produce, jams and jellies, salsa/chips , pastries, and other items at the Farmers Market located by the La Vergne Senior Center

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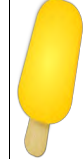
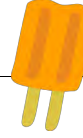






HAPPY BIRTHDAY TO YOU!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August Birthdays				1	2	3
4 	5	6 John Holder Joyce Taylor Suzanne Logan	7	8 Zenie Terrell	9 Doug Holliman	10 
11 	12 Charlie Huggins John Soper Nadya Santiago	13 <i>Happy Birthday</i> 	14	15	16 	17 Jane Vailes 104 Years Old
18	19	20 Mary Lewis	21	22 	23 Shelby Wrather	24 
25 	26 	27	28	29	30 Mary Jane Skinner	31

Melissa Cooper—Senior Center Coordinator

Linda Tomlin—Program Assistant

Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		** Sign Up ahead of time for: LUNCHEES & TRIPS **				
	AUGUST 			1 10am– Son-ic for Breakfast 12noon– Bingo 	2 CLOSED 	3
4	5 10am– Bible Study 11:30- Melanie Cook with Tennessee State Veterans <u>Big Ball exercise</u>	6 9:30am– Week 1 Spare Time Wii Bowling 12noon– Choir Practice	7 Cards & Games 10am – Candace Swindal AMT Advanced Medical Testing 11:30am/Lunch/\$3 Tuna salad croissants, pickles and dessert 12noon– Grief Relief	8 10am–Corn Hole 11:15am- Donations for Dogs 12noon– Bingo 	9 CLOSED	10 
11 	12 La Vergne Senior Center will be closed and will open on Friday at 11am and party will start at 2:30pm till 4:30pm for Ms.Jane Vailes Birthday party	13 9:30am– Week 2 Spare Time Wii Bowling 12noon- <u>Old Timers Day</u> <u>craft</u> 	14 10am– Marchell Gardner Speaking on Sexual Transmitted Disease 11:30am/Lunch/\$3 White beans, cornbread, cabbage, ham and dessert	15 10am– Choir Practice 12noon– Bingo withHumana 4:30pm- Board Meeting	16 Ms. Jane Vailes Birthday Celebration 2:30 to 4:30 Please Bring Birthday Cards. 	17
18	19 10am– Bible Study 11am–Dancing with Linda 	20 9:30am– Week 3 Spare Time Wii Bowling 12noon– Center will close and reopen at 5pm to 7:30pm for Night Time BINGO	21 10am– Leaving for Genghis Grill and shopping at The Avenue Center will be closed for Activities	22 10am Chair Massage OTD Crafts 12noon– Bingo	23 CLOSED 	24
25	26 10am– Bible Study 11am– Potluck 12noon– Scoops 	27 9:30am– Week 4 Spare Time Wii Bowling <u>Big Ball Exercise</u> 	28 10am Bean Bag Baseball 11:30am/Lunch Salmon croquettes, pinto beans and dessert	29 10am– Tax Freeze with Ted Batey 12noon- Bingo 	30 CLOSED	31