



# La Vergne Senior Center

## March 2018



SPRING into action & come spend your days with us at the La Vergne Senior Center!!



Join us on  
March 14th for a  
St. Patrick's Day Show

10:00 am at the Center

Come Enjoy...

**The Funny Dummy Entertainment &  
a Delicious Irish Dinner**



We are Updating our System...

Please HELP us out and stop by the center OR give us a call if any of your information has changed so we can update our system & membership list!

Thank you so much!

### Weather Reminder!



In case of inclement weather, please watch your local news channel.

The La Vergne Senior Center  
will be closed when Rutherford County Schools are closed.





# HAPPY BIRTHDAY TO YOU!









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>March Birthdays!!</b>			1 Marilyn Moss	2 	3 Margret Hestla
4 Brenda Knight	5 Dolores Chromasta John Walker	6 Beth Boling	7 William Beckham Anthony overby	8 Linda Barron Donna Byars	9 	10
11 	12 Mary Gibbs	13	14 	15	16 Patricia Martin	17 <i>Happy Birthday</i> 
18 Barbara Dunham	19 	20	21 Mary Russel	22 Senna Mosley	23 Bill Burns	24 
25 	26 Alice Taber	27 Jo Hall	28	29 Cassidy Ramsey Duana Swensen	30 Mary Click Martha Womack	31

Cassidy Ramsey—Senior Center Coordinator

Linda Tomlin—Program Assistant

Melissa Cooper—Program Assistant



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>** Sign Up ahead of time for: LUNCHESES &amp; TRIPS **</b>						
				1 10am- Carla Gill Entertainment 12noon- Bingo	2 <u>CLOSED</u> 	3
4	5 TRIP DAY: Breakfast at Ihop & Shopping in Smyrna 	6 9:30am Week 9 Spare Time Wii Bowling 1:00pm Bible Study <u>Blood Pressure Checks</u> 	7 9am-3pm Cards & Games 10am Bean Bag Baseball 11:30/Lunch/\$3 Nacho Supreme & Dessert	8 10am Diversicare: Trivia 11:15am Donations for Dogs 12noon Bingo w/ Well Care 	9 <u>CLOSED</u> 	10
11	12 10am- Bible Study 11:30am- Spring Wreath Making Class \$5 -Sign Up ahead of time- 	13 9:30am Week 10 Spare Time Wii Bowling 1:00pm Bible Study <u>Blood Pressure Checks</u>	14 St. Patricks Day Show & Luncheon Funny Dummy Entertainment & Irish Lunch: Open Faced Roast beef, Potatoes, Cabbage & Dessert \$3 & Sign Up ahead of time!	15 9am-3pm Cards & Games <u>Chair Massage</u> 12noon Bingo w/ The Bridge & Senior Solutions 4:00 <u>Senior Board Meeting</u>	16 <u>CLOSED</u> 	17 
18	19 10am Bible Study 11:30am- Awards Day for Wii Bowling 	20 TRIP DAY: Lunch in Smyrna & Movie at Malco 	21 9am-3pm: Cards & Games 10am Line Dance 11:30/Lunch/\$3 BBQ Chicken Legs, Baked Beans, Potato Salad, Roll, Dessert	22 10am- Sing-a-Long & Soda Pop 12noon- Bingo <u>Blood Pressure Checks</u> 	23 <u>CLOSED</u> 	24
25	26 10am Bible Study 11am Potluck 12noon Scoops 	27 TRIP DAY: Lunch at Bell Buckle Café & Antique Shopping	28 10am- Karaoke 11:30/Lunch/\$3 Ham Sandwiches, Pickle, Chips, Dessert	29 9am-3pm: Cards & Games 12noon- Bingo 	30 <b>GOOD FRIDAY</b> 	31

## La Vergne Senior Center

Physical Address:

**337 Stones River Road  
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road  
La Vergne, TN 37086**

**Phone: (615) 793-3048**



## La Vergne Senior Center Advisory Committee

**The advisory committee meets at 4 p.m.  
the third Thursday of each month  
at the La Vergne Senior Center.**

**All senior members are invited to attend.**

**Meetings are open to the public.**

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Marshall Anthony	(615) 793-4270
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
<b>Rachael O'Brien</b>	(615) 618-1365
Doug Shafer	(615) 459-9337

## TAX PREP TIME IS HERE!!!!

AARP will provide certified tax preparers to help  
SENIOR CITIZENS file your income tax forms at the  
La Vergne Senior Center at NO COST!

Tax Prep will be available each FRIDAY beginning  
February 9th—April 13th.

APPOINTMENTS ARE REQUIRED!!

Please set an appointment with a staff member or call the  
center at (615) 793-3048